

ABOUT THE COPE PROGRAM

The COPE program maintains the New York–Presbyterian philosophy of “*We Put Patients First*” and is dedicated to delivering compassionate quality care. The COPE program was designed as a collaborative model of care with emphasis on establishing an integrated alliance with the medical team, the primary care partner, the patient and the community to ensure optimal management of epilepsy. We employ a continuity of care model of treating the individual, recognizing and attending to the daily and life long struggles inherent in epilepsy. The COPE program’s singular focus is to enhance the quality of life of the individual living with this condition, and to sustain being fully engaged in society and in family life. Chronic conditions necessitate a continuous iterative process of staying informed, involved and feeling empowered to be an active agent of change in one’s overall health. The COPE program offers a combination of health information, education, psychosocial support, wellness initiatives access to professionals and community resources.

LOCATION

All COPE Seminar Series are held at:

Weill Cornell Medical College
Room A-126
1300 York Avenue (at 69th Street)



Care and Outreach for People living
with Epilepsy

DIRECTIONS

By Car

Driving on FDR North take the 61st Street Exit and make a right onto York Avenue.

Driving on FDR South, take the 71st Street Exit and make a left turn onto York Avenue.

By Subway

Take the 6 train to the 68th Street/ Lexington Avenue Station. Walk four blocks East or take M66 to York Avenue.

By Bus

Via York Avenue, take the M31 to 69th Street.

Via First Avenue, take the M15 to 68th Street, walk one block East to York Avenue.

Parking

Valet parking is available on-site at the York Avenue entrance between 69th and 70th Streets. There are no vouchers for parking.

To register for any of the seminars or for more information, please call:

Luydmila Jovine, LCSW, BCD
(212) 746-2471
www.cornellepilepsy.com

Patient and Family
Support and Education Series
Offered by
the Comprehensive Epilepsy Centers of
NewYork– Presbyterian
Healthcare System



Weill Cornell Medical College



NewYork-Presbyterian
Lower Manhattan Hospital

ABOUT THE SEMINAR SERIES

This *free* Patient and Family Support and Education Series is part of the COPE Program. The Seminar Series is designed for the individual living with epilepsy, and their care partner. There are medical, social, behavioral, and emotional concerns for individuals living with epilepsy, at any age. As epilepsy research continues, there is an effort to form a more complete understanding of the source of seizures that would facilitate improved treatment outcomes and ultimately offer a cure. The seminars are an opportunity for the specialists treating individuals with seizures to provide the participants with the latest information in the field of epilepsy, and to address the special concerns of those living with epilepsy in an open forum. In addition to a brief talk by the guest speaker, the seminars will offer an opportunity to share and participate in discussion within a group setting. Our philosophy is that the medical team, the patient and their care partner are working together to treat the condition. The seminars are designed to support the individual living with the condition and those closest to them. The series is facilitated by a Licensed Clinical Social Worker.

COPE Director

Luydmila Jovine, LCSW, BCD
Licensed Clinical Social Worker

SCHEDULE OF FALL SEMINARS

October 17, 2013

Mind-body Medicine Skills for Cultivating Positive Emotions and Decreasing Stress and Pain

Emiliya Zhivotovskaya, MAPP, CPC, ERYT

Time: 5:30 pm - 7:00pm

November 21, 2013

Epilepsy in Older Adults

Elayna O Rubens, MD

Time: 5:30pm - 7:00pm

December 12, 2013

Mindful Moments... Practical Stress Management Skills and Techniques

Sarah Waxse, LCSW

Time: 5:30pm - 7:00pm

All seminars will offer the most current and in-depth information available on the topics presented, followed by a facilitated group discussion with the guest speaker.

Light refreshments will be provided.

SPEAKERS

Emiliya Zhivotovskaya, MAPP, CPC, ERYT
Coach– Speaker– Teacher– Healer
Founder of the Flourishing Center

Elayna O Rubens, MD
Specialty: Epilepsy in Older Adults
Assistant Professor of Neurology
Weill Cornell Medical College

Sarah Waxse, LCSW
Senior Social Worker
Coordinator/ Caregivers Service
New York-Presbyterian Hospital
Weill Cornell Medical College

